

# INDIAN LAKE LOCAL SCHOOLS INTERSCHOLASTIC ATHLETIC CODE OF CONDUCT

## PHILOSOPHY AND OBJECTIVES OF THE ATHLETIC PROGRAM:

The most important goal of the interscholastic athletic program is to provide every participant the opportunity to grow mentally, morally, physically, and emotionally. To assure that the program can provide these opportunities, a degree of self-discipline is required of each participant. Self-discipline involves compliance with rules and regulations concerning personal behavior. Rules promote order and safety, and assist participants in reaching their maximum potential.

The Indian Lake Athletic Department believes that student athletes have a strong influence on members of the student body as well as on the community. Student athletes are highly visible and are seen by many in the general public as indicators of what Indian Lake Schools represent. Their conduct forms both the model and the standard for the conduct of both their peers and younger children in the community.

Therefore, we believe that in exchange for the many benefits and advantages offered to the student athlete, he/she has an obligation to exhibit moral and responsible conduct and to provide wholesome, positive leadership in the school and community. **Participation in the athletic program is a privilege rather than a right; therefore this privilege may be denied to the participant if rules of conduct are violated.**

We set the following policy as minimum standards of the Athletic Department of the Indian Lake Local Schools as approved by the Board of Education. We sincerely hope that student athletes will feel a sense of responsibility toward maintaining these standards.

### Guidelines

As applied to the student athlete, the rules and regulations identified in this document are to become effective when he/she initially becomes a participant in any organization that is recognized within the athletic department. Those teams/squads that are recognized by the Indian Lake Athletic Department are:

#### Fall

Football  
Boys Soccer  
Girls Soccer  
Volleyball  
Boys Cross Country  
Girls Cross Country  
Boys Golf  
Girls Golf  
Cheerleading

#### Winter

Boys Basketball  
Girls Basketball  
Wrestling  
Cheerleading  
Boys Bowling  
Girls Bowling  
Girls Swimming  
Boys Swimming (added in 2014)

#### Spring

Baseball  
Softball  
Boys Track  
Girls Track

Scholastic Eligibility

The student athlete agrees to comply with the requirements set forth by the Ohio High School Athletic Association and the Indian Lake Local Schools pertaining to age, residency, attendance, conduct, and any other matter of eligibility.

The Athletic Code of Conduct is to remain **in effect throughout the calendar year (365 days, 24 hours a day)** until the individual is no longer a student at Indian Lake Local Schools or he/she is no longer a participant in any athletic program due to one of the following:

1. The student elects to no longer participate in any athletic organization for the remainder of his/her enrollment at Indian Lake Local Schools.
2. The student is “cut” from a team or squad and does not participate in another one.
3. The student has been denied the privilege of participation in athletics for the remainder of his/her enrollment at Indian Lake Local Schools.

Students will be considered to have violated the code of conduct if they have been caught engaging in prohibited misconduct on or off school grounds by a member of the coaching staff, teacher, staff member or law enforcement.

Reports regarding potential code violations from other sources will be investigated by the coach to determine if there is sufficient evidence of a violation. If the coach determines there is insufficient evidence of a violation, no discipline will be imposed; however the coach or athletic director will notify the parent/guardian regarding the report.

If a major violation of The Code of Conduct occurs during a time at which the student is not participating in an athletic program, any assigned disciplinary action with respect to athletic participation will become effective with the next athletic program in which the student participates for the entire season.

Violations of the code of conduct are accumulative from the beginning of the seventh grade year to the final day of possible participation (OHSAA scheduled tournaments) of their senior year.

Any person who is affiliated with a team/squad, (managers, student trainers, etc.) grades 7-12, is considered a member of that athletic team/squad. He/she must accept and meet the same responsibilities and have the same privileges as any other team member.

The Indian Lake Athletic Code of Conduct will be available in a hard copy if requested or online at the athletic page on the website.

For a more information concerning eligibility, rules and regulations in Ohio please refer to the website for the Ohio High School Athletic Association. The website for the OHSAA:

[www.ohsaa.org](http://www.ohsaa.org)

DISCIPLINARY PROCEDURE:

When a student is in suspected violation of any of the rules listed in the Indian Lake Local Schools Athletic Code of Conduct or established by the coach, the coach shall conduct a conference with the student. During this conference, the student will have an opportunity to discuss the circumstances concerning the incident and present his/her version of the incident. The coach of the athletic program, athletic director, or building principal shall have the authority to remove a student from participation in athletics for such amount of time as the coach/athletic director/principal determines is appropriate.

The student and his/her parent/guardian have the right to appeal the coach's decision to remove the student from participation in athletics. The appeal shall be heard by the athletic director. During the appeal process, the student shall not participate in athletics. The decision of the athletic director is final. No further appeals are permitted.

## CODE OF CONDUCT MAJOR VIOLATIONS

No student athlete shall use, misuse, possess, give, conceal, consume or be under the influence of any drug of abuse (controlled, dangerous, illegal/illicit substance), substances that produce toxic vapors, counterfeit (look-a-like) drugs, alcoholic beverages or any type of tobacco product in any form.

### CONSEQUENCES:

#### I. First Offense

If a student athlete is reported to be in violation of this section (major violation) of the Athletic Code of Conduct and has been given due process, the student athlete will be removed from twenty percent (20%) of the originally scheduled contests for that season. If the 1<sup>st</sup> violation is a drug related offense, the student athlete must show evidence within two (2) weeks of the removal date of enrollment in a counseling program approved by the principal and/or athletic director, and assume any costs of this program. Athletes that are in violation of a drug related offense will also need to provide a negative drug screen and assume all costs related to this screening.

#### II. Second Offense

The student shall be removed from (50%) of the originally scheduled contests for that season. If this offense is the athlete's 2<sup>nd</sup> drug/alcohol related offense, the student athlete must show evidence within two (2) weeks of the removal date of enrollment in a counseling program approved by the principal and/or athletic director, and provide evidence of a negative drug screen before eligibility is reinstated. It will be the responsibility of the student athlete to schedule, attend, and assume any costs of this program. Failure to seek and show evidence of enrollment within the two (2) week period timeline will result in the student athlete being declared ineligible for all interscholastic athletics for a period of one calendar year from date of the original removal.

#### III. Third Offense

Student athlete becomes ineligible for the remainder of their years enrolled in the Indian Lake School System.

IV. In the case of removal with less than twenty percent (20%) or fifty percent (50%) of the season remaining, the student athlete will have the removal carry over into the next sport that they participate in.

V. In the case of student athlete violating the code of conduct while currently not participating in a sport, the removal will begin with the next sports season the student athlete participates in.

Note: The counselor and/or agency must be certified by the Ohio Department of Health or the Ohio Department of Alcohol and Drug Addiction Services.

Note: A first-year high school freshman may formally petition the Athletic Board for the reduction of one offense incurred during grades 7 or 8. The reduction will become official after the student successfully completes the school year without a violation and by meeting any other condition set forth by the Athletic Board.

### **Self Referral**

Any Participant who willingly seeks help for Alcohol, Drug, or Tobacco Use/Abuse may use a “self-referral” one time in his or her high school career. The self-referral may not be concurrent with police reports, court charges, coach, staff, Participant, or adult (other than parent/guardian) referrals. In other words, a self-referral can be used only prior to being caught violating this policy.

Participants who meet this definition will be directed to substance abuse counseling and rehabilitation through an approved agency. Individual files will be kept in the strictest confidence and maintained by the Athletic Director in the Athletic Department. The Participant and parents are expected to honor this confidence and take this opportunity for help seriously. Any frivolous abuse will result in loss of the self-referral option and immediate application of the applicable restrictions.

### **Sale or Distribution**

A student selling or distributing drugs (narcotics, hallucinogenics, intoxicants, inhalants, or counterfeit), controlled substances, alcohol or other intoxicants at any time is in violation of the code and subject to the following consequences:

- Law enforcement authorities may be called.
- A student found to be in violation will immediately be prohibited from participation in any athletic activity for a minimum of one calendar year from the date of the violation.
- The principal/athletic director will contact the parent/guardian of the student in violation.
- The principal will normally recommend to the superintendent that the student be expelled.
- After an initial twelve (12) month period from the date of the violation, the student may petition the Athletic Board to once again participate in activities. The student must furnish evidence to the committee of successful completion or continued successful participation in drug/alcohol rehabilitation and/or a counseling program approved by the school administration. The committee shall review application for re-entry into activities, taking into account the student’s age, maturity, and history of appropriate behavior since the initial violation. A recommendation of approval or disapproval of the petition shall be made to the principal/athletic director by the committee. The principal/athletic director will notify the student in writing of the decision.

Any violation of the code of conduct shall be observed by an Indian Lake teacher, coach, administrator, school board member, verifiable by law enforcement agency reports, the parents of the athlete involved in the violation, or the student’s statement of admission.

### Twenty-Four Hour Dismissal

The coach and/or school administrator may, at any time, deny an athlete the privilege of participation in athletics for twenty-four (24) hours or less for conduct that is dangerous, disruptive, insubordinate, or detrimental to the welfare of the team or squad. Depending upon the specific nature of the conduct, it may be regarded further as a major violation of conduct, which could result in additional disciplinary action.

### Denial of Involvement

If a student athlete denies their involvement in a drug/alcohol/tobacco substance related situation and is later found to have been involved, they will lose their athletic eligibility under the violation with no opportunity for a reduction of consequences.

### Citizenship

Student athletes shall conduct themselves in a manner that reflects good citizenship. Any behavior that results in dishonor to the participant, his or her team or school will not be tolerated. Acts of unacceptable conduct include, but are not limited to, theft, vandalism, disrespect, involvement in violence, violation of law or violation of the student code of conduct.

### Scholastic Eligibility

Students must meet all Ohio High School Athletic Association scholastic eligibility requirements as well as those established by the Indian Lake Local Board of Education.

It is expected that all student athletes will strive to attain the highest possible level of academic achievement. Minimum academic standards must be met in order to remain eligible for athletic participation. A student athlete should not drop a class without first consulting with their coach or counselor to determine whether it will affect eligibility. Eligibility for each grading period is determined by grades received the preceding grading period. Semester and yearly grades have no affect on eligibility. The Ohio High School Athletic Association has established the following bylaws as minimum standards for academic athletic eligibility:

1. A student enrolled in the first grading period after advancement from the eighth grade must have passed a minimum of five of all subjects carried the preceding grading period in which the student was enrolled.
2. Grades 9-12: A student athlete must be currently enrolled in a member school and have received passing grades in a minimum of five one-credit courses, or the equivalent, in the immediately preceding grading period.
3. Grades 7-8: A student athlete must be currently enrolled and must have been enrolled in school the immediately preceding grading period and received passing grades during that grading period in a minimum of five of those subjects in which the student received grades.

4. Summer school grades may not be used to substitute for failing grades received in the final grading period of the regular school year or for lack of enough courses taken the preceding grading period.

In addition to the standards set forth by the OHSAA, the Indian Lake Local Board of Education has established the following minimum standard for academic eligibility:

1. Students receiving one failing grade (F) while still passing 5 credits will remain eligible, but will be required to attend intervention for the remainder of that sport season.
2. Students receiving more than one failing grade (F) will be considered Ineligible until the next complete grading period.

The student's eligibility or ineligibility continues until the start of the fifth school day of the next grading period, at which time the grades from the immediately preceding grading period become affective. An exception to this rule is the eligibility or ineligibility for the first grading period of the school year commencing with the start of the fall sports season. The principal may make an exception if the student has been participating in an intervention program and has shown satisfactory progress toward achieving the minimum grade point average.

The eligibility of a transfer student must be established by records or verification from the school from which the student is transferring. Such a student cannot be eligible for the first grading period of attendance at Indian Lake Local Schools until this information has been received.

The responsibility of establishing eligibility lies with Indian Lake Local Schools, and final determination of eligibility is the responsibility of the athletic director and/or the principal.

#### Release by Doctor

Any athlete, who due to injury or illness, is under a doctor's care must furnish a written release from said doctor before being permitted to continue to participate or return to participation. This release must identify what, if any restrictions in participation should be exercised, or state that full participation is permit

#### Detention

Any athlete who had been assigned a detention by a teacher, assistant principal, or principal must serve the detention at the assigned time. Having practice or a contest is not an excuse that can be used for missing this disciplinary action. Participation is not to occur until the assigned detention has been served.

It is the responsibility of the athlete to inform his/her coach or advisor that he/she may be late. The coach may issue additional disciplinary measures for being late.

#### Quitting a Team or Squad

The Indian Lake Athletic Department believes that any student who becomes a member of a team/squad should fulfill that commitment to that group. Any student who quits, or who, for disciplinary reasons, is denied the privilege of participation on an athletic team/squad once that team/squad has officially started practicing will not be permitted to participate in another sport,

including any off-season activity or conditioning/training program, until the former team has completed its last contest.

An exception to this rule would be if the player, after conferring with the head coach of the original team, quits with the consent of that coach. If the student wishes to join another team, he/she will request the athletic director to review his/her case with the coach of the former team and with the coach of the team that the student wishes to join. Mutual agreement among these three individuals will be necessary before permission is given for the student to participate in the second team.

If a student is cut from a team/squad due to his/her ability, then the student may try out for another team/squad in the same season.

Any student who is permitted to join another team must complete a minimum of seven (7) days\* of practice with this second team before he/she may participate in a game or scrimmage.

\*OHSAA rules may require a longer period of practice in certain sports before competition is permitted.

#### Hazing

Hazing is defined in the Ohio Revised Code, section 2903.31 as, “doing any act of initiation into any student or other organization that causes or creates a substantial risk of causing mental or physical harm to any person.” The statute does not require actual or serious physical or mental harm; merely the substantial risk of physical or mental harm. Students and/or coaches who participate in these activities will have appropriate action taken. Such action may include, but is not limited to, warning, suspension, expulsion, or termination.

#### Concurrent Participation

Due to the difficulties involved with participating on more than one team/squad during the same season, such a practice is strongly discouraged. However, if the head coaches of the respective teams/squads mutually agree to allow the student to participate on more than one team/squad simultaneously, it will be permitted. The head coaches of the teams/squads involved will develop practice times and days, as well as what contests the student will participate in. This agreement between the head coaches and the student will be given to the athletic director and there will be no deviation from the schedule.

As identified above, any athlete joining a second team under these conditions is subject to the same seven (7) days\* of practice before participation in a scrimmage or contest.

\*OHSAA rules may require more days.

#### Transportation

When the school provides transportation for participants to travel to away contests, all participants are expected to ride the bus to and from the contest. An exception may be made for certain circumstances for a student to ride with his/her parent/guardian, and the parent/guardian has provided a prior written request to the coach in charge. A further exception may be made to allow the student to ride with the parent/guardian of another student under extenuating circumstances. In the latter case, the parent/guardian must sign a permission slip, which knowingly allows his/her child to ride with another identified parent. This will be permitted only in those rare instances that the student has two (2) events scheduled for the same day, or if an extreme emergency were to arise suddenly.

### Non Interscholastic Participation

A student who is a member of a team/squad shall not participate in a contest on an independent team, or as an individual, in the same sport during that interscholastic sports season. Examples of independent teams include church leagues, intramurals, Y.M.C.A., city recreation, all-star, etc. Any questions concerning this matter should be discussed with their respective coach or with the athletic director or principal.

Violations will result in the athlete being declared ineligible by the O.H.S.A.A. and could result in forfeiture of games by the school's team

### Equipment

Each student is responsible for any equipment that is issued to him/her. At the completion of each competitive season or when the student ends his/her participation on the team/squad, all issued equipment must be returned to the coach/advisor in charge. Any equipment which is the property of the Indian Lake Athletic Department that is not returned, or which was damaged through negligence or purposeful intent, will become the financial responsibility of the student athlete. He/she must, therefore, pay any replacement or repair costs.

The student will not be permitted to participate in any further athletic activity (conditioning, practice, contests) until this equipment (or any outstanding obligations/fees) has been returned and/or payment for items which have been damaged have been made. Also, the student may not be eligible for any awards at the end of the competitive season until provisions have been made to account for non-returned or damaged equipment. In addition, credits and or grades may be withheld pursuant to Board policies and/or law for nonpayment of fees.

### School Attendance

To participate in a practice or contest, a student is to be present at school or at a school related function (field trips, etc.) if school is in session. A student must be present from at least **11:05** a.m., through the remainder of the school day. Any exception to this rule will be determined by the principal and/or athletic director. If a student "cuts" one or more classes during the school day, he/she will not be permitted to participate that day. The student athlete must also be in school on time the day after a contest or activity scheduled on a school night.

The question of participation on a day (Saturday, during a "break") that is not a regular school day when the student was not present on the last day of school immediately preceding said day, will be determined by the head coach and principal and/or athletic director. The guideline could be if the absence is one for which the student would be permitted to make up work in the classes missed.



If a student is issued out-of-school suspension, or is assigned to the alternative school program, he/she may not participate on the day(s) that the disciplinary action is in effect or until the first day he/she returns to the regular school.

Students who have an absence from any assigned Saturday School that has not been excused by the principal will not be permitted to participate in practice or competition on that day.

#### Medical Liability

Any and all medical expenses that may arise as a result of participation in any athletic program shall be the sole responsibility of the parent/guardian. Therefore, all athletes must be covered by a medical insurance plan in order to participate in practices or contests. This coverage may be provided by the parents' own family plan or by an alternative plan, such as a student insurance plan which may be purchased through the school approved agency. Any change in the status of the athlete's coverage must be brought to the immediate attention of his/her coach.

#### Eligibility Documents

Each participant is required to submit the following completed documents to his/her coach before he/she may participate:

1. Physical Examination
2. Emergency Medical Authorization Form
3. Insurance Statement

#### **WARNING, ASSUMPTION OF RISK:**

1. Playing or practicing to play/participate in any sport can be a dangerous activity involving MANY RISKS OF INJURY. The dangers and risks of participating in sports include, but are not limited to: death, serious neck and

spinal injuries which result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs, serious injury to virtually all bones, joint, ligaments, muscles, tendons, and other aspects of the muscular skeletal system, and serious injury or impairment to other aspects of the body, general health, and well being. The dangers and risks of participating in sports may result not only in serious injury, but also in a serious impairment of future ability to earn a living, to engage in other business, social, and recreational activities, and generally to enjoy life.

2. Because of the dangers of participating in sports, student-athletes must recognize the importance of following coaches' instructions regarding playing techniques, training and other team rules, etc., and must obey such instructions.
3. In consideration of the Indian Lake Local School District permitting a student to try out for the team and to engage in all activity related to the team, including but not limited to: trying out, practicing or playing/participating in that sport, the student assumes all the risks associated with participation and agrees to hold the Indian Lake Local School District, its employees, agents, representatives, coaches, and volunteers harmless from any and all liability, actions, causes of action, debts, claims, or demands of any kind and nature whatsoever which may arise by or in connection with participation in any activities related to the team

# INDIAN LAKE ATHLETIC DEPARTMENT PARENT/ATHLETE/ COACH COMMUNICATION GUIDE

## OUR PHILOSOPHY

- Athletic achievement requires sincere commitment from all athletes, parents, coaches, and administrators. For all of us to be successful, effective communication must occur.
- The school athletic department and administration believe strongly in being accessible to parents and supportive of the coaching staff.
- We are continually attempting to improve communication with the students and parents. For our programs to be truly successful, it is necessary that everyone understand the focus and direction of the program.

## YOUR EXPECTATIONS

- A. It is reasonable to expect your son's/daughter's coach to inform you:
1. When and where practices and contests are held.
  2. About his/her coaching philosophy.
  3. About the expectations he/she has for all athletes on the squad as well as your individual child.
  4. What is required to be a part of the team, i.e., fees, special equipment, off-season conditioning, lettering requirements, etc.
  5. If your child is injured during participation in a practice or contest.
  6. Whenever any disciplinary action results in your son/daughter being denied participation in a practice or contest.
- B. Typical concerns of parents that are **appropriate** to discuss with a coach are:
1. Any unhealthy mental or physical strain you detect in your child at home (especially when it affects his/her academic performance).
  2. How you can contribute to your child's skill improvement and development.
  3. Any dramatic changes you detect in your child's behavior.

## OUR EXPECTATIONS

- A. It is **inappropriate** to discuss with a coach:
1. Team strategy or play calling.
  2. Other student athletes.
- B. Coaches often need parents to tell them:
1. Any specific health concerns about your son/daughter expressed directly and informally to the head coach at a mutually convenient time.
  2. Notification of any schedule conflicts well in advance.
  3. Your commitment to the program, and how you plan to make a contribution to the program's success. For example, one way to be sure your child is at practice each day on time and to supervise that your child gets enough rest and nutrition at home.
  4. Strategies that have worked for you in dealing with your son/daughter that have been successful in the past.
- C. If you have a concern to discuss with a coach, what procedure should you follow?
1. Make an appointment with the coach. Avoid approaching the coach after a contest unless the coach requests this.
  2. If the coach cannot be reached, call the Athletic Director to set up a meeting.
  3. Please do not attempt to confront a coach before, during, or following a contest or practice. These can be busy and emotional times for both the parent and the coach and this period does not promote objective analysis of the situation.
  4. Please do not use social media, or any other electronic communication to express your concerns with the coach, other athletes, or the program.
  5. Violations of these expectations could result in referral to the ejection policy.
- D. What should you do if the meeting with the coach does not result in a resolution to the problem?
1. Call and set up an appointment with the Athletic Director to discuss the situation.
  2. At this meeting the appropriate next step can be determined.

### **Indian Lake Spectator Code of Conduct Policy:**

Indian Lake Local Schools, in association with the Ohio High School Athletic Association, promotes a positive interscholastic experience. The Board of Education believes that activities conducted for the benefit of the students of the School District are a meaningful component of the School District's total program. The Board further believes that through the participation in these activities, students learn important skills and values which will be of benefit throughout their lives. It is clear that both participants and spectators contribute to the educational value of these activities through good sportsmanship, and therefore, it is expected from athletes, coaches, officials, and spectators. Student and adult spectators should set an example of positive encouragement while supporting participants and modeling good behavior. Spectators should be respectful of their surroundings by using appropriate language and demonstrating responsibility for their actions.

Instances of disruptive behavior on the part of spectators at events lessens the educational value of the activity and results in a loss of esteem for the participants and the members of the community. Therefore, the Board of Education expects both participants and spectators at events to conduct themselves with the highest level of decorum. To this end, the Superintendent, Principal, Assistant Principal, Athletic Director, Police Officer, Official, Site Manager, or Designee under whose supervision the event is being conducted, may request such person or group of persons, who are engaging or participating in unsatisfactory behavior to cease, and/or to leave the school premises. The supervisor on duty may take reasonable action to ensure the orderly conduct of the event.

Failure to meet the expectations set forth, culminating in ejection from an event or other actions deemed inappropriate by the administration or designee, either home or away, will result in the following disciplinary actions. (Suspensions apply to both home and away events):

**First Offense:** The spectator is banned from attending any Indian Lake Athletic event for a period of ten (10) school days. During the ban from athletic events, the individual is required to meet with school administration to review the school's expectations. Failure to meet with the administrative team during this period will result in an extended ban from athletic events. If the ejection occurs within the last ten (10) school days of the season, the suspension will carry over to the tournament or to the next sport season. A letter will be sent from the office of the Superintendent notifying the spectator of the ejection and the dates he/she is prohibited to attend district athletic events.

**Second Offense:** The spectator is banned from attending any Indian Lake Athletic event for a period of one (1) calendar year from the date of the 2nd offense. All other requirements set forth in the first offense also apply.

**Third Offense:** The spectator is banned from attending any Indian Lake Athletic events for a period of five (5) calendar years, from the date of the 3rd offense. All other requirements set forth in the first offense also apply.

**Fourth Offense:** The spectator receives a lifetime ban from all Indian Lake Athletic events. A letter will be sent from the office of the Superintendent notifying the spectator of the ejection and the lifetime removal from all Indian Lake athletic events.

**Appeals Process:** Any spectator who has been ejected can appeal the decision by meeting with the Athletic Director, High School Principal, Superintendent, and Board of Education President to discuss the decision within 48 hours of the suspension. The meeting will take place at a time and location that is agreed upon by all parties. The appeal meeting does not imply that the suspension will be reversed.

INDIAN LAKE LOCAL SCHOOLS  
ATHLETIC CODE OF CONDUCT  
INFORMED CONSENT AGREEMENT STATEMENT

After both student and parents have reviewed these policies and procedures, please return this page with all required information and signatures. This page will be kept on file in the Indian Lake Schools Athletic Department office and will be **in effect for one calendar year from the date of the signature**. Retain the copy of The Athletic Code of Conduct for your reference.

Athletic Code of Conduct Agreement Statement

As a student and parent/guardian, we have read and understand the Indian Lake Local Schools Athletic Code of Conduct. As a student, I recognize that participation in the interscholastic athletic program is a privilege, not a right, that will be regulated. As a student I also understand the consequences that I face if I do not honor my commitment to the code of conduct. As a parent, I understand the responsibilities of my son/daughter as a participant in the athletic programs at Indian Lake Local Schools. I also understand and realize that there is an assumed risk of injury involved for my son/daughter as a participant in athletic activities and that the code of conduct is a commitment for 365 days from the signed date below.

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Home Phone

\_\_\_\_\_  
Work Phone

\*\*\*\*\*

INSURANCE STATEMENT

Name of Student \_\_\_\_\_

Insurance Company \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

- If you do not have insurance, you must purchase insurance through the school's insurance policy.
- If you choose not to purchase school insurance, the Denial of Insurance Coverage must be completed and on file before the first day of practice.

My signature indicates that our policy is equal to or better than the school policy, that I relieve the Indian Lake Local School District of all responsibility in this area, and that I assume the responsibility for insurance coverage.

EMERGENCY MEDICAL AUTHORIZATION

\*\*\*\*\*

TO GRANT CONSENT:

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_

**EMERGENCY PHONE** \_\_\_\_\_

PREFERRED HOSPITAL \_\_\_\_\_

DOCTOR \_\_\_\_\_ PHONE \_\_\_\_\_

DENTIST \_\_\_\_\_ PHONE \_\_\_\_\_

MEDICAL SPECIALIST \_\_\_\_\_ PHONE \_\_\_\_\_

In case of extreme emergency treatment needed immediately, I give my permission for my child to be taken to the closest hospital.

PARENT OR GUARDIAN SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

\*\*\*\*\*

**REFUSAL TO CONSENT**

I do not give my consent for emergency medical treatment of my child. In the event of illness or injury requiring emergency treatment, I wish the school authorities to take the following action (Please state in space provided below):

PARENT OR GUARDIAN SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

\*\*\*\*\*

I/We the parent(s) of the above named student, do hereby give my/our approval to his/her participation in any and all of the sports activities during the current season. I/We, having sufficient insurance do assume all the risks and hazards incidental to the conduct of the activities, transportation to and from the activities: and I/We do hereby release, absolve, indemnify and hold harmless the Indian Lake Board of Education, the organizers, sponsors, and supervisors, and or all of them. In case of injury to my/our child, I/We hereby waive all claims against the organizers, the sponsors or any of the supervisors appointed by them. I/We likewise release them responsibility any person transporting my/our child to or from the activities. I/We are in a position to furnish, upon request by school officials, the name and policy number of my/our insurance.

PARENT OR GUARDIAN SIGNATURE \_\_\_\_\_

STUDENT/ATHLETE SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

Indian Lake Local School District

**Denial of Insurance Coverage**  
and  
Parent Acknowledgement of Risk

We/I, the parent(s) of \_\_\_\_\_ (Student), do hereby acknowledge that we/I have been fully advised, cautioned and warned by the proper administrative and coaching personnel of the Indian Lake Local School District that our/my child named above, may suffer injury or even death by participating in \_\_\_\_\_ (Sport) notwithstanding such warning, and with full knowledge and understanding of the risk of serious injury to our/my child named above which may result we/I give our/my consent for \_\_\_\_\_ (Student) to participate in the sport of \_\_\_\_\_ (Sport) for the \_\_\_\_\_ school year. **We/I are declining the purchase of health insurance coverage offered by the Indian Lake Local School District and understand that our/my child will participate in the sport noted above without recommended insurance coverage.**

\_\_\_\_\_  
Parent

\_\_\_\_\_  
Date

\*\*\*\*This form is to be filled out only if you do not have adequate insurance or do not intend to purchase insurance through the school.\*\*\*\*



# ATHLETIC BOARD OF CONTROL

## I. The Athletic Board of Control

### A. Voting Members

- Superintendent
- High School Principal
- Athletic Director
- Two members of the high school faculty, One member of the middle school faculty, One member of the elementary faculty (not directly connected with athletics), appointed to a two-year term by the high school athletic director.
- Middle School Principal
- Elementary Principal

### B. Officers

1. High School Principal--permanent chairman
2. Athletic Director--executive officer
3. Middle School Principal --permanent secretary-treasurer

### C. Meetings

1. Regular meetings will be held three times a year.
  - a. The second Monday in December.
  - b. The first Monday in March.
  - c. The third Monday in May.
  - d. Other meetings may be held as called.
    - \*Meeting times may be subject to change due to schedule conflicts
2. Notices will be sent out at least one week in advance by the athletic director.
  - a. The high school principal and the athletic director will be responsible for the agenda.

## II. Responsibilities

A. The Athletic Board of Control shall function as a review board for the athletic department. It shall advise and have input on items brought before it by the Athletic Director and High School Principal. The Board of Control will approve special awards, make recommendations on major purchases, give approval for any Athletic Handbook changes before they are brought before the Board of Education, provide recommendations for any major conference proposals, and assume all responsibilities designated to it by the Superintendent and the Board of Education.

## AWARDS - HIGH SCHOOL

1. The award system at Indian Lake High School is structured to honor participation and performance in athletics.
2. The varsity awards shall be as follows:
  - a. First year award - chenille letter "IL" with sport specific Pin.
  - b. Second year award – Merit bar.
  - c. Third year award – Merit bar, Medal.
  - d. Fourth year award – Merit bar and plaque.
3. All varsity awards will be presented at the appropriate sports banquet.
  - a. An athlete not present to receive his/her award may forfeit all awards.
  - b. Exceptions to the above policy will be made when an acceptable excuse for being absent is presented to the coach and/or Athletic Director in advance of the banquet.
4. In order for an athlete to become an award winner, he/she must be a member in good standing of the squad at the end of the season.
5. Coaches may recommend awarding a student a varsity letter because of particular contributions that a student has made to the team.
6. All special awards shall be the responsibility of the individual sport head coach.
7. Varsity awards will be presented to those students who earn the recommendations of their coaches, and/or fulfill the requirements for the sports as follows:

# VARSIITY LETTER REQUIREMENTS

BASEBALL - Players must participate in a minimum of 1/3 of the varsity contests, or at the discretion of the coaching staff.

BOYS BASKETBALL - Players will play in one half of the total varsity quarters.

GIRLS BASKETBALL - Same as boys.

Bowling - Play in one-half of the varsity contest.

BOYS CROSS COUNTRY - The athlete must finish in the top seven on the team in 50% of the meets, and must finish the season in good standing.

GIRLS CROSS COUNTRY - Same as boys.

FOOTBALL - Play in 20 varsity quarters (2 consecutive plays in a quarter). All special team players at the discretion of the coaching staff. All 4 year seniors or other special situations approved by coaching staff.

GOLF - Golfer must compete in 5 varsity matches, and a golfers individual score must be counted towards the team score in a least 3 matches.

SOCCER - Play in one-half of the varsity periods.

SOFTBALL - Same as baseball.

SWIMMING -Athletes must place and score in 3 events in one season. Athletes must compete in sectionals.

BOYS TRACK - Athletes shall score 10 points during the season or participate in one-half of the invitational meets as one of the top two performers.

GIRLS TRACK - Same as boys track.

VOLLEYBALL - Athletes must play in one-half of the varsity contests.

WRESTLING - A wrestler must earn 30 points.

	<u>Match Points</u>		<u>Team Points</u>		
Tournament	3 pts.	Forfeit/Win	3 pts.	Superior Decision	5 pts.
Dual	1 pt.	Tie	2 pts.	Pin/Default	6 pts.
Tri or Quad	2 pts.			Major Decision	4 pts.

Tournament points earned are also figured into point total.